

DINING on Cuan Law

Dining aboard the dive liveaboard Cuan Law- our chefs are extremely educated culinary masters and offer a wide variety of cuisines for our guests to enjoy.  They know that scuba divers work up a large appetite.  You’ll do more than fuel your scuba tummies with these delectable dishes!  This is just a small sample of their offerings as they are constantly adding to their talents.

**Sunday**

Breakfast: French Omelet w/ Pepper Bacon & Warm Cinnamon Buns  
Lunch: Korean BBQ Ribs w/ Pumpkin Coconut Soup, Cambodian Coleslaw, Fresh Fruit & White Chocolate Chip Cookies  
Appetizer: Chicken Wings w/ Garlic Tahini Marinade  
Dinner: Roast Duck Breast w/ Orange Tamarind Glaze, Shitake Mushroom Risotto, Roasted Carrots & Parsnips Dessert: Crispy Apple Tart w/ Vanilla

**Monday**

Breakfast: Egg & Bacon Breakfast Burritos w/ Blueberry Muffins  
Lunch: Chicken & Vegetable Pot Pies w/Frisee Salad & Lemon Bars  
Appetizer: Steamed Mussels w/ Creme Fraiche  
Dinner: Crispy Sesame Salmon w/ Cucumber Salad, Coconut Rice & Sautéed Snow Peas

**Tuesday**

Breakfast: Banana Pancakes w/ Toasted Pecans & Maple Syrup  
Lunch: Carne Asada & Al Pastor Tacos w/ Black Beans, Spanish Rice, Fresh Fruit Platter & Banana Drop Cookies  
Appetizer: Smoked Trout Dip w/ Crostini  
Dinner: Steak Au Poivre w/ Oven Roasted Tomato, Sautéed Zucchini & Mushroom, Baked Russet Potato.  
Dessert: Chocolate Decadence Cake w/ Raspberry Coulis

**Wednesday**

Lunch: Selection of Cold Cuts and Cured Meats served with a freshly baked Grape and Fennel Bread, Roasted Pumpkin Soup, Garden Salad with assorted dressings, 3 Bean Salad, Cheese platter, Fresh Fruit and Cookies  
Appetizer: Crab Cakes w/ Sweet Chili Sauce  
Dinner: Chicken Breast Stuffed w/ Artichoke hearts, Pesto & Swiss Cheese Drizzled w/ Olive Oil & Balsamic Vinegar, Whipped Sweet Potato, Sautéed Red Peppers & Haricot Verts  
Dessert: Sticky Date Pudding Cake w/ Local Rum Sauce

**Thursday**

Breakfast: Baked Croissants Stuffed w/ Ham, Scrambled Eggs & Provolone Cheese  
Lunch: Kung Pao Chicken & 5-Spice Beef w/ Broccoli, Steamed Jasmine Rice, Homemade Spring Rolls, Green Salad, Fruit Platter & Coconut Macaroons  
Appetizer: Homemade Pizzas  
Dinner: Seared Yellowfin Tuna w/ Wasabi Aioli, Stir Fried Asian Vegetables & Coriander Turmeric Rice  
Dessert: Banoffe Pie

**Friday**

Breakfast: Eggs Benedict w/ Hollandaise Sauce and Fresh Baked Banana Bread  
Lunch: Beach BBQ on Virgin Gorda w/ Creole Chicken, Steamed Red Snapper, Cheeseburgers, Assorted Salads, Chips, Fresh Fruit & Oatmeal Cookies  
Appetizer: Grilled Skewered Cajun Prawns w/Andoulli Sausage

**Saturday**

Breakfast: Pina Colada French Toast, Apple Sage Sausage & Maple Syrup  
Dinner: Herb Crusted Pork Tenderloin w/ Potato Leek Dauphinoise & Steamed Broccoli  
Dessert: Poached Pears w/ Caramel Sauce